

COPA ABSOLUTA DE CLUBES 22-23\_DIVISIÓN DE HONOR  
MADRID, 22/4/2023

Prueba 22  
22/04/2023 - 16:12

Fem., 400m Estilos

Absoluta Femenina FMN  
Resultados

Clas.	Nombre	Año	Club	Marca	Puntos
1.	MARTINEZ ESCORIAL, Claudia	06	P1202 - C.D. Gredos San Diego	<b>5:02.06</b>	22,00
	50m: 31.87 31.87	150m: 1:50.04 41.80	250m: 3:10.66 40.18	350m: 4:27.50 35.66	
	100m: 1:08.24 36.37	200m: 2:30.48 40.44	300m: 3:51.84 41.18	400m: 5:02.06 34.56	
2.	SANTANA BENEYTO, Maria	10	CANOE - Real Canoe N.C.	<b>5:05.15</b>	17,00
	50m: 31.84 31.84	150m: 1:47.45 38.47	250m: 3:09.86 43.89	350m: 4:29.92 35.57	
	100m: 1:08.98 37.14	200m: 2:25.97 38.52	300m: 3:54.35 44.49	400m: 5:05.15 35.23	
3.	FERNANDEZ MARTIN, Lara	06	VALLE - C.D. El Valle	<b>5:10.82</b>	14,00
	50m: 32.10 32.10	150m: 1:51.01 41.04	250m: 3:14.64 44.05	350m: 4:35.38 35.78	
	100m: 1:09.97 37.87	200m: 2:30.59 39.58	300m: 3:59.60 44.96	400m: 5:10.82 35.44	
4.	MIRANDA FERNANDEZ, Paula	05	RIVAS - A.D. Rivas Natación	<b>5:20.88</b>	13,00
	50m: 32.61 32.61	150m: 1:51.91 42.03	250m: 3:19.32 46.37	350m: 4:44.25 37.26	
	100m: 1:09.88 37.27	200m: 2:32.95 41.04	300m: 4:06.99 47.67	400m: 5:20.88 36.63	
5.	ALONSO MARTINEZ, Sofia	05	MOSCA - C.N. Madrid Moscardo	<b>5:22.30</b>	12,00
	50m: 33.41 33.41	150m: 1:53.58 40.97	250m: 3:21.16 48.08	350m: 4:46.81 37.13	
	100m: 1:12.61 39.20	200m: 2:33.08 39.50	300m: 4:09.68 48.52	400m: 5:22.30 35.49	
6.	BARRIOS RUBIA, Paula	09	MOSTO - A.D.N. Mostoles	<b>5:35.62</b>	11,00
	50m: 33.70 33.70	150m: 1:57.39 44.11	250m: 3:28.65 48.31	350m: 4:58.14 40.04	
	100m: 1:13.28 39.58	200m: 2:40.34 42.95	300m: 4:18.10 49.45	400m: 5:35.62 37.48	
7.	ESPINOSA CANO, Eva	93	P1200 - Safa Madrid	<b>5:50.94</b>	10,00
	50m: 37.64 37.64	150m: 2:08.65 47.65	250m: 3:41.75 46.45	350m: 5:09.92 42.20	
	100m: 1:21.00 43.36	200m: 2:55.30 46.65	300m: 4:27.72 45.97	400m: 5:50.94 41.02	
DQ	LLORENS RODRÍGUEZ, Claudia	08	POZUE - C.N. Pozuelo		-

Piscina 25m - Cronometraje electrónico

Splash Meet Manager, 11.76418

Registered to Madrid

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