

COPA ABSOLUTA DE CLUBES 22-23_DIVISIÓN DE HONOR
MADRID, 22/4/2023

Prueba 34

Fem., 400m Libre

Absoluta Femenina FMN

22/04/2023 - 17:19

Resultados

Clas.	Nombre	Año	Club	Marca	Puntos
1.	LEBLIC GARCIA, Sydney	05	CANOE - Real Canoe N.C.	4:23.20	22,00
	50m: 30.20 30.20	150m: 1:37.07 33.60	250m: 2:43.95 33.25	350m: 3:51.10 33.39	
	100m: 1:03.47 33.27	200m: 2:10.70 33.63	300m: 3:17.71 33.76	400m: 4:23.20 32.10	
2.	LANZA MALLA, Carla	03	CANOE - Real Canoe N.C.	4:31.32	17,00
	50m: 30.72 30.72	150m: 1:39.08 34.45	250m: 2:48.75 34.96	350m: 3:57.54 34.20	
	100m: 1:04.63 33.91	200m: 2:13.79 34.71	300m: 3:23.34 34.59	400m: 4:31.32 33.78	
3.	FERNANDEZ MARTIN, Lara	06	VALLE - C.D. El Valle	4:35.10	14,00
	50m: 31.65 31.65	150m: 1:41.88 35.03	250m: 2:52.43 35.06	350m: 4:02.16 34.86	
	100m: 1:06.85 35.20	200m: 2:17.37 35.49	300m: 3:27.30 34.87	400m: 4:35.10 32.94	
4.	MEZQUITA REQUENA, Claudia	08	MOSCA - C.N. Madrid Moscardo	4:37.92	13,00
	50m: 31.88 31.88	150m: 1:41.60 35.10	250m: 2:53.13 35.71	350m: 4:03.84 34.92	
	100m: 1:06.50 34.62	200m: 2:17.42 35.82	300m: 3:28.92 35.79	400m: 4:37.92 34.08	
5.	TOMAS PRIETO, Rocio	06	MOSTO - A.D.N. Mostoles	4:38.03	12,00
	50m: 30.96 30.96	150m: 1:41.15 35.62	250m: 2:52.99 36.12	350m: 4:04.35 35.45	
	100m: 1:05.53 34.57	200m: 2:16.87 35.72	300m: 3:28.90 35.91	400m: 4:38.03 33.68	
6.	SAEZ GONZALEZ, Lourdes	96	MOSCA - C.N. Madrid Moscardo	4:39.32	11,00
	50m: 31.85 31.85	150m: 1:42.16 35.39	250m: 2:53.92 35.66	350m: 4:05.00 35.32	
	100m: 1:06.77 34.92	200m: 2:18.26 36.10	300m: 3:29.68 35.76	400m: 4:39.32 34.32	
7.	ÁLVAREZ PARRA, Lucía	09	MOSTO - A.D.N. Mostoles	4:40.44	10,00
	50m: 32.01 32.01	150m: 1:42.37 35.40	250m: 2:54.12 35.89	350m: 4:06.34 36.03	
	100m: 1:06.97 34.96	200m: 2:18.23 35.86	300m: 3:30.31 36.19	400m: 4:40.44 34.10	
8.	MARTIN RUIZ, Carla	05	RIVAS - A.D. Rivas Natación	4:40.58	9,00
	50m: 31.84 31.84	150m: 1:41.73 35.51	250m: 2:53.98 36.14	350m: 4:05.74 37.00	
	100m: 1:06.22 34.38	200m: 2:17.84 36.11	300m: 3:28.74 34.76	400m: 4:40.58 34.84	
9.	ÁLVAREZ MEJÍAS, Irene	01	P1202 - C.D. Gredos San Diego	4:42.55	8,00
	50m: 31.40 31.40	150m: 1:40.78 35.08	250m: 2:52.78 36.05	350m: 4:06.48 36.75	
	100m: 1:05.70 34.30	200m: 2:16.73 35.95	300m: 3:29.73 36.95	400m: 4:42.55 36.07	
10.	FERNANDEZ VALERO, Lucia	07	RIVAS - A.D. Rivas Natación	4:43.47	7,00
	50m: 32.46 32.46	150m: 1:42.56 35.44	250m: 2:53.72 35.34	350m: 4:06.62 36.79	
	100m: 1:07.12 34.66	200m: 2:18.38 35.82	300m: 3:29.83 36.11	400m: 4:43.47 36.85	
11.	NAVARRO DOMINGO, Carla	05	P1202 - C.D. Gredos San Diego	4:44.59	6,00
	50m: 32.25 32.25	150m: 1:42.91 35.21	250m: 2:54.60 35.33	350m: 4:07.73 36.91	
	100m: 1:07.70 35.45	200m: 2:19.27 36.36	300m: 3:30.82 36.22	400m: 4:44.59 36.86	
12.	DÍAZ GARCÍA, Marta	08	VALLE - C.D. El Valle	4:45.71	5,00
	50m: 31.66 31.66	150m: 1:43.10 36.23	250m: 2:55.79 36.34	350m: 4:09.69 37.00	
	100m: 1:06.87 35.21	200m: 2:19.45 36.35	300m: 3:32.69 36.90	400m: 4:45.71 36.02	
13.	PÉREZ ÁLVARO, Carla	05	P1200 - Safa Madrid	4:47.00	4,00
	50m: 32.53 32.53	150m: 1:43.60 35.97	250m: 2:56.16 36.60	350m: 4:10.08 37.32	
	100m: 1:07.63 35.10	200m: 2:19.56 35.96	300m: 3:32.76 36.60	400m: 4:47.00 36.92	

Piscina 25m - Cronometraje electrónico



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Clas.	Nombre	Año	Club	Marca	Puntos
14.	LERIDA MALDONADO, Beatriz	05	POZUE - C.N. Pozuelo	4:53.82	3,00
	50m: 34.16 34.16	150m: 1:47.93 37.05	250m: 3:02.68 37.37	350m: 4:17.29 37.13	
	100m: 1:10.88 36.72	200m: 2:25.31 37.38	300m: 3:40.16 37.48	400m: 4:53.82 36.53	
15.	SHEA, Cora Marina	09	POZUE - C.N. Pozuelo	5:02.34	2,00
	50m: 33.20 33.20	150m: 1:48.01 37.99	250m: 3:06.54 39.41	350m: 4:25.33 39.69	
	100m: 1:10.02 36.82	200m: 2:27.13 39.12	300m: 3:45.64 39.10	400m: 5:02.34 37.01	
16.	BENITO BEATO, Ainhoa	10	P1200 - Safa Madrid	5:20.88	1,00
	50m: 34.28 34.28	150m: 1:54.04 40.62	250m: 3:17.62 42.21	350m: 4:42.38 42.94	
	100m: 1:13.42 39.14	200m: 2:35.41 41.37	300m: 3:59.44 41.82	400m: 5:20.88 38.50	
SUST	GROSSALE PEREZ, Francesca	02	POZUE - C.N. Pozuelo		-
SUST	PIERNA ESCRIBANO, Alejandra	10	VALLE - C.D. El Valle		-