

XVIII CTO NATACIÓN MASTER VERANO C.MADRID 22-23
MADRID, 10 - 11/6/2023

Prueba 11 Masc., 400m Estilos 20 años y mayores
10/06/2023 Resultados

Clas.	Nombre	Año	Club	Marca	Puntos
20+					
1.	ALVAREZ CORUÑA, Enrique	99	4CAM - C.N. Cuatro Caminos	5:26.52	40,00
	50m: 30.45 30.45 150m: 1:50.80 43.31 250m: 3:21.09 47.80 350m: 4:48.16 38.45				
	100m: 1:07.49 37.04 200m: 2:33.29 42.49 300m: 4:09.71 48.62 400m: 5:26.52 38.36				
2.	PINELA GOYA, Iker	99	MAKO - C.D.E. Mako	5:38.28	36,00
	50m: 33.20 33.20 150m: 1:55.97 42.46 250m: 3:27.32 49.04 350m: 4:59.35 41.18				
	100m: 1:13.51 40.31 200m: 2:38.28 42.31 300m: 4:18.17 50.85 400m: 5:38.28 38.93				
3.	SANCHEZ MILLAS, Jorge	00	MOSCA - C.N. Madrid Moscardo	5:50.68	34,00
	50m: 34.91 34.91 200m: 2:45.28 1:29.83 300m: 4:32.44 53.95 400m: 5:50.68 38.49				
	100m: 1:15.45 40.54 250m: 3:38.49 53.21 350m: 5:12.19 39.75				
4.	RADU, Raúl Ramón	01	MAKO - C.D.E. Mako	7:15.72	33,00
	50m: 43.02 43.02 150m: 2:34.95 57.10 250m: 4:32.15 1:03.07 350m: 6:29.15 50.68				
	100m: 1:37.85 54.83 200m: 3:29.08 54.13 300m: 5:38.47 1:06.32 400m: 7:15.72 46.57				
25+					
1.	MARTIN DOMINGUEZ, Adrian	94	LEGAN - C.N. Leganes	5:09.93	40,00
	50m: 32.64 32.64 150m: 1:50.83 40.62 250m: 3:14.92 44.19 350m: 4:36.23 36.43				
	100m: 1:10.21 37.57 200m: 2:30.73 39.90 300m: 3:59.80 44.88 400m: 5:09.93 33.70				
2.	ALAMO GARCIA - ASENJO, Jose Luis	95	SBLAS - C.N. San Blas	5:19.85	36,00
	50m: 31.70 31.70 150m: 1:51.07 42.55 250m: 3:19.41 47.21 350m: 4:44.71 38.37				
	100m: 1:08.52 36.82 200m: 2:32.20 41.13 300m: 4:06.34 46.93 400m: 5:19.85 35.14				
3.	HERNANDEZ LARA, Javier	98	4CAM - C.N. Cuatro Caminos	5:21.73	34,00
	50m: 32.31 32.31 150m: 1:52.69 43.94 250m: 3:19.72 44.38 350m: 4:43.57 39.12				
	100m: 1:08.75 36.44 200m: 2:35.34 42.65 300m: 4:04.45 44.73 400m: 5:21.73 38.16				
4.	CEDIEL CARRACEDO, Alejandro	95	TCHAM - C. Tenis Chamartin	6:12.73	33,00
	50m: 35.48 35.48 150m: 2:10.44 50.61 250m: 3:51.60 51.07 350m: 5:30.47 45.23				
	100m: 1:19.83 44.35 200m: 3:00.53 50.09 300m: 4:45.24 53.64 400m: 6:12.73 42.26				
30+					
1.	PEÑALVER GUIJOSA, Julio Alberto	92	MAKO - C.D.E. Mako	5:13.50	40,00
	50m: 31.37 31.37 150m: 1:48.97 41.02 250m: 3:13.38 44.96 350m: 4:37.14 38.22				
	100m: 1:07.95 36.58 200m: 2:28.42 39.45 300m: 3:58.92 45.54 400m: 5:13.50 36.36				
2.	COLORADO SANCHEZ, Raul	92	HALEG - C.D. Halegatos	5:20.43	36,00
	50m: 32.01 32.01 150m: 1:52.22 42.83 250m: 3:20.72 45.83 350m: 4:44.51 37.18				
	100m: 1:09.39 37.38 200m: 2:34.89 42.67 300m: 4:07.33 46.61 400m: 5:20.43 35.92				
3.	CEBALLOS SANCHEZ, Martin	91	4CAM - C.N. Cuatro Caminos	5:37.69	34,00
	50m: 32.91 32.91 150m: 1:54.49 43.67 250m: 3:26.90 48.65 350m: 4:58.05 41.45				
	100m: 1:10.82 37.91 200m: 2:38.25 43.76 300m: 4:16.60 49.70 400m: 5:37.69 39.64				

Piscina 50m - Cronometraje electrónico

XVIII CTO NATACIÓN MASTER VERANO C.MADRID 22-23
MADRID, 10 - 11/6/2023

Prueba 11, Masc., 400m Estilos, 30+

Clas.	Nombre	Año	Club	Marca	Puntos
4.	REYES SERRANO, Borja	91	LEGAN - C.N. Leganes	5:48.25	33,00
	50m: 34.98 34.98	150m: 2:04.84 47.75	250m: 3:38.09 47.49	350m: 5:08.74 42.04	
	100m: 1:17.09 42.11	200m: 2:50.60 45.76	300m: 4:26.70 48.61	400m: 5:48.25 39.51	

35+

1.	ARROYO FERNANDEZ, Alvaro	85	TALAV - E.C. Ciudad De Talavera	5:08.29	40,00
	50m: 34.02 34.02	150m: 1:54.46 40.68	250m: 3:18.92 43.49	350m: 4:34.81 31.98	
	100m: 1:13.78 39.76	200m: 2:35.43 40.97	300m: 4:02.83 43.91	400m: 5:08.29 33.48	
2.	SANCHEZ MEDINA, Ricardo	84	LEGAN - C.N. Leganes	5:39.15	36,00
	50m: 34.73 34.73	150m: 1:59.11 43.95	250m: 3:31.16 48.24	350m: 4:59.86 38.89	
	100m: 1:15.16 40.43	200m: 2:42.92 43.81	300m: 4:20.97 49.81	400m: 5:39.15 39.29	
3.	CABRERA VAZQUEZ, Pablo	88	MAKO - C.D.E. Mako	5:46.05	34,00
	50m: 34.02 34.02	150m: 2:00.22 47.15	250m: 3:36.63 49.81	350m: 5:06.41 40.76	
	100m: 1:13.07 39.05	200m: 2:46.82 46.60	300m: 4:25.65 49.02	400m: 5:46.05 39.64	
4.	GONZÁLEZ RODRIGUEZ, R.	84	SWIMT - Cdb Natacion Swimtonic	6:40.56	33,00
	50m: 41.75 41.75	150m: 2:23.40 52.69	250m: 4:11.93 59.57	350m: 5:57.29 45.65	
	100m: 1:30.71 48.96	200m: 3:12.36 48.96	300m: 5:11.64 59.71	400m: 6:40.56 43.27	

40+

1.	MARTINEZ YAÑEZ, Daniel	81	FUENL - C.N. Fuenlabrada	6:10.51	40,00
	50m: 37.56 37.56	150m: 2:11.17 48.22	250m: 3:52.76 53.55	350m: 5:26.94 43.75	
	100m: 1:22.95 45.39	200m: 2:59.21 48.04	300m: 4:43.19 50.43	400m: 6:10.51 43.57	
2.	YAKOVENKO, Maksym	83	ROZAS - C.N. Las Rozas	6:11.66	36,00
	50m: 35.57 35.57	150m: 2:10.24 47.72	250m: 3:49.51 51.92	350m: 5:27.11 44.71	
	100m: 1:22.52 46.95	200m: 2:57.59 47.35	300m: 4:42.40 52.89	400m: 6:11.66 44.55	
3.	ALDEHUELA MENDEZ, Pablo	79	4CAM - C.N. Cuatro Caminos	6:43.19	34,00
	50m: 40.17 40.17	150m: 2:22.79 58.33	250m: 4:18.31 59.50	350m: 6:01.15 43.64	
	100m: 1:24.46 44.29	200m: 3:18.81 56.02	300m: 5:17.51 59.20	400m: 6:43.19 42.04	
4.	MOLINA SOLANA, Jesús Pablo	81	MAKO - C.D.E. Mako	7:13.10	33,00
	50m: 38.82 38.82	150m: 2:34.37 1:02.03	250m: 4:33.93 59.10	350m: 6:26.17 49.98	
	100m: 1:32.34 53.52	200m: 3:34.83 1:00.46	300m: 5:36.19 1:02.26	400m: 7:13.10 46.93	

45+

1.	RODRÍGUEZ MARCANO, Álvaro	77	JEREZ - C.D. Jerez Natacion Master	5:29.77	40,00
	50m: 35.69 35.69	150m: 1:58.46 43.05	250m: 3:27.94 45.40	350m: 4:53.46 39.27	
	100m: 1:15.41 39.72	200m: 2:42.54 44.08	300m: 4:14.19 46.25	400m: 5:29.77 36.31	
2.	CAVERO, Rodrigo	77	TCHAM - C. Tennis Chamartin	5:50.60	36,00
	50m: 38.62 38.62	150m: 2:08.07 43.75	250m: 3:41.05 49.03	350m: 5:11.57 40.90	
	100m: 1:24.32 45.70	200m: 2:52.02 43.95	300m: 4:30.67 49.62	400m: 5:50.60 39.03	

Piscina 50m - Cronometraje electrónico

XVIII CTO NATACIÓN MASTER VERANO C.MADRID 22-23
MADRID, 10 - 11/6/2023

Prueba 11, Masc., 400m Estilos, 45+

Clas.	Nombre	Año	Club	Marca	Puntos
3.	YAGUE ANDRES, Jorge	77	MMADR - C.N. Master Madrid	6:00.25	34,00
	50m: 38.93 38.93 150m: 2:13.67 49.15 250m: 3:53.16 51.89 350m: 5:23.64 39.00				
	100m: 1:24.52 45.59 200m: 3:01.27 47.60 300m: 4:44.64 51.48 400m: 6:00.25 36.61				
4.	CUADRADO VIÑAS, Fernando	74	FUENL - C.N. Fuenlabrada	6:00.29	33,00
	50m: 34.50 34.50 150m: 2:02.65 48.97 250m: 3:43.94 53.53 350m: 5:20.62 43.19				
	100m: 1:13.68 39.18 200m: 2:50.41 47.76 300m: 4:37.43 53.49 400m: 6:00.29 39.67				
5.	OMANA PISANU, Oscar Alberto	78	COLME - C.N. Colmenar Viejo	6:16.58	32,00
	50m: 40.07 40.07 150m: 2:19.34 50.36 250m: 4:01.98 52.06 350m: 5:36.28 41.80				
	100m: 1:28.98 48.91 200m: 3:09.92 50.58 300m: 4:54.48 52.50 400m: 6:16.58 40.30				
6.	PELLEJERO ROSSO, Ignacio	78	SBLAS - C.N. San Blas	6:33.73	31,00
	50m: 42.48 42.48 150m: 2:21.70 53.50 250m: 4:07.95 54.36 350m: 5:49.43 48.18				
	100m: 1:28.20 45.72 200m: 3:13.59 51.89 300m: 5:01.25 53.30 400m: 6:33.73 44.30				
7.	PAÑOS ADILLO, Carlos	78	BREAT - Cde Breathe Sport	7:24.72	30,00
	50m: 45.75 45.75 200m: 3:43.74 2:06.10 300m: 5:38.48 57.23 400m: 7:24.72 51.51				
	100m: 1:37.64 51.89 250m: 4:41.25 57.51 350m: 6:33.21 54.73				

50+

1.	CEREZO LOZANO, Oscar	71	VILLAL - C.N. Villalba	6:13.82	40,00
	50m: 37.53 37.53 150m: 2:16.36 48.34 250m: 3:57.21 53.42 350m: 5:34.73 42.27				
	100m: 1:28.02 50.49 200m: 3:03.79 47.43 300m: 4:52.46 55.25 400m: 6:13.82 39.09				
2.	ALVAREZ CABO, Cesar	72	MMADR - C.N. Master Madrid	6:20.21	36,00
	50m: 36.27 36.27 150m: 2:14.39 51.97 250m: 4:00.16 54.34 350m: 5:39.89 44.28				
	100m: 1:22.42 46.15 200m: 3:05.82 51.43 300m: 4:55.61 55.45 400m: 6:20.21 40.32				
3.	CABAÑAS MORENO, Jesus	71	POZUE - C.N. Pozuelo	6:37.26	34,00
	50m: 43.40 43.40 150m: 2:24.83 50.82 250m: 4:11.85 54.08 350m: 5:55.38 48.53				
	100m: 1:34.01 50.61 200m: 3:17.77 52.94 300m: 5:06.85 55.00 400m: 6:37.26 41.88				
4.	MARTINEZ DOMINGUEZ, David	70	FUENL - C.N. Fuenlabrada	6:57.36	33,00
	50m: 42.10 42.10 150m: 2:30.18 55.43 250m: 4:26.57 59.46 350m: 6:11.93 45.62				
	100m: 1:34.75 52.65 200m: 3:27.11 56.93 300m: 5:26.31 59.74 400m: 6:57.36 45.43				
5.	PEREZ ARROYO, Dionisio	69	FUENL - C.N. Fuenlabrada	8:32.24	32,00
	50m: 51.14 51.14 150m: 3:15.42 1:16.61 250m: 5:31.14 1:01.58 350m: 7:35.12 56.17				
	100m: 1:58.81 1:07.67 200m: 4:29.56 1:14.14 300m: 6:38.95 1:07.81 400m: 8:32.24 57.12				
6.	JIMENEZ JORQUERA, Javier	70	GMADR - G. Madrid Sports	8:34.46	31,00
	50m: 57.35 57.35 150m: 3:15.55 1:12.71 250m: 5:34.65 1:09.50 350m: 7:43.41 53.96				
	100m: 2:02.84 1:05.49 200m: 4:25.15 1:09.60 300m: 6:49.45 1:14.80 400m: 8:34.46 51.05				

55+

1.	FERNÁNDEZ FERNÁNDEZ, Alberto	67	HALEG - C.D. Halegatos	6:16.90	40,00
	50m: 42.27 42.27 150m: 2:24.30 49.91 250m: 4:03.84 51.71 350m: 5:37.54 41.10				
	100m: 1:34.39 52.12 200m: 3:12.13 47.83 300m: 4:56.44 52.60 400m: 6:16.90 39.36				

Piscina 50m - Cronometraje electrónico



XVIII CTO NATACIÓN MASTER VERANO C.MADRID 22-23
MADRID, 10 - 11/6/2023

Prueba 11, Masc., 400m Estilos, 55+

Clas.	Nombre	Año	Club	Marca	Puntos
2.	ALVAREZ GARCIA, Fernando	67	TCHAM - C. Tenis Chamartin	6:43.19	36,00
	50m: 43.28 43.28	150m: 2:34.22 1:00.38	250m: 4:26.36 54.16	350m: 6:01.31 43.05	
	100m: 1:33.84 50.56	200m: 3:32.20 57.98	300m: 5:18.26 51.90	400m: 6:43.19 41.88	
3.	BERRON ESCUDERO, Emilio	67	MALVA - C.D.E. Malvar	8:18.97	34,00
	50m: 53.14 53.14	150m: 3:03.21 1:07.66	250m: 5:15.47 1:06.66	350m: 7:23.60 1:00.98	
	100m: 1:55.55 1:02.41	200m: 4:08.81 1:05.60	300m: 6:22.62 1:07.15	400m: 8:18.97 55.37	

Piscina 50m - Cronometraje electrónico

